Course Description

Examination of advanced practical theory as it applies to the classical industrial hygiene field. Review an array of investigative, scientific, engineering, organizational, and social skills that are necessary to effectively control occupational and environmental health hazards.

Course Textbook


Course Learning Objectives

Upon completion of this course, students should be able to:

1. Describe the history and philosophy of industrial hygiene and the code of ethics in the practice of occupational hygiene.
2. Generalize the role of the industrial hygienist as an investigator in both the traditional industrial setting and in the less traditional public and environmental health fields.
3. Explain the role of OSHA, NIOSH, and the other agencies and organizations that influence workplace procedures.
4. Describe the important aspects of toxicology from an industrial hygiene standpoint.
5. Explain the different routes of exposure (inhalation, ingestion, absorption, injection) and their effects on potential exposure.
6. Discuss the different occupational exposure limits, how they are established, and how they are used to prevent workplace injury and illness.
7. Distinguish between the different types of hazards (chemical, physical, and biological), their effects, and dose-response relationships.
8. Describe the elements of an exposure assessment program and explain the process for determining if an exposure is acceptable or unacceptable.
9. Assess the basic exposure situations, including calculating time weighted averages and comparing them with the OSHA defined permissible exposure limits (PEL’s), ACGIH threshold limit values (TLV’s), and NIOSH recommended exposure levels (REL’s).
10. Discuss the various industrial hygiene control methods used to prevent worker exposure to workplace hazards.

Credits

Upon completion of this course, the students will earn three (3) hours of college credit.

Course Structure

1. **Unit Learning Objectives:** Each unit contains Unit Learning Objectives that specify the measurable skills and knowledge students should gain upon completion of the unit.
2. **Written Lectures:** Each unit contains a Written Lecture, which discusses lesson material.
3. **Reading Assignments:** Each unit contains Reading Assignments from one or more chapters from the textbook or website. Supplemental Readings are provided in the unit study guides to aid students in their course of study.
4. **Key Terms:** Key Terms are intended to guide students in their course of study. Students should pay particular attention to Key Terms as they represent important concepts within the unit material and reading.

5. **Discussion Boards:** Discussion Boards are a part of all CSU term courses. Information and specifications regarding these assignments are provided in the Academic Policies listed in the Course Menu bar.

6. **Unit Assessments:** This course contains six Unit Assessments, one to be completed at the end of Units I-III, and V-VII. Assessments are composed of multiple-choice questions and written response questions.

7. **Unit Assignments:** Students are required to submit for grading Unit Assignments in Units I, IV, and VIII. Specific information and instructions regarding these assignments are provided below.

8. **Ask the Professor:** This communication forum provides you with an opportunity to ask your professor general or course content related questions.

9. **Student Break Room:** This communication forum allows for casual conversation with your classmates.

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**Unit Assignments**

**Unit I PowerPoint Presentation**

Create a 10- to 15-slide PowerPoint Presentation (not counting title and reference slides) that provides an overview of industrial hygiene. You may use the textbook, the OSHA pamphlet on Industrial Hygiene, the AIHA website, and other sources as you see fit. Be sure to create a reference slide that cites all sources using APA format. Include the following information in your presentation:

- Definition/explanation of industrial hygiene
- Major U.S. industrial hygiene organizations
- Code of ethics
- Impact of federal regulations
- Types of hazards addressed by industrial hygienists
- Types of control methods used by industrial hygienists
- Role industrial hygiene plays in an injury and illness prevention program

Use the notes section within PowerPoint to create the dialog or script that you would use when speaking to the audience about the information presented on your slide. Your PowerPoint presentation should be constructed using a serif type font. A serif type font is, in principle (for high-resolution media), easier to read than a non-serif type font because the individual characters differ more from each other. The standard is Times New Roman. Do not use a sans serif font such as Arial. Also, it is recommended that PowerPoint presentation slides should not contain a font smaller than thirty points; twenty eight points should be the absolute minimum.

**Unit IV Article Critique**


Click [here](https://example.com) to access a PDF of this article.

Using APA format, critique this article according to the outline specified below. Your response is expected to be two to three pages, double spaced (excluding the title page) in APA format, and should include at least the following components:

- Introduction
- Discussion of Article (scope/content)
- Evaluation of Research Methods
- Conclusion

Your critique should include answers to the following three questions:

1. The author of the article discusses two types of exposure assessments: qualitative and quantitative. Why is it important to include a qualitative assessment as part of a workplace exposure assessment program?
2. Why is data management an important part of a workplace exposure assessment program?
3. Was the author’s conclusion well supported within his paper?
Unit VIII Research Paper

Each student will research an industrial hygiene sampling event and develop a comprehensive exposure assessment report. Students can select from:

- Asbestos exposure from the World Trade Center disaster
- The Deepwater Horizon Oil Spill

Assume that you work for Acme Industrial Hygiene Consultants and you are at an event conducting air samples. In your paper, you will discuss:

- What was going on during sampling?
- What was your sampling method?
- What are your results?

You are expected to use the AIHA Statistical Spreadsheet to assist you in analyzing the data. To access the spreadsheet please follow the following directions:

2. Use the search box to search for “Exposure Assessment Strategies Committee.”
3. Click on “Exposure Assessment Strategies Committee.”
4. Scroll down and select “New IHSTAT Macro-Free Version.”
5. Once you have loaded the Excel document, make sure to click “Enable Editing” at the top of the spreadsheet.
6. Under the OEL section, insert the OEL for benzene or asbestos that you will use here.
7. Delete the existing data in the sheet, and enter the trailer sample dataset you choose.
8. As you populate the spreadsheet the statistics will calculate, and the graphs will begin forming the picture of the exposure profile of the trailers.

You will also need to discuss:

- The descriptive statistics for the dataset
- The number of samples above the OEL (if any)
- What the 95th percentile exposure level would be?
- What exposure category you would put the workers’ exposure into (e.g., 0, 1, 2, 3, or 4)?

You will find that each data set has a number of samples broken down into different activities. Assume that each activity would be a different SEG. Select 1 or 2 SEGs for the purpose of your analysis and report.

If you choose to use the World Trade Center data, you can choose from either the Lower Manhattan Asbestos Data, or the Staten Island Asbestos Data. You can find the data at the following OSHA website: http://www.osha.gov/nyc-disaster/wtc.html

If you choose to use the Deepwater Horizon dataset, focus on the potential benzene exposure. You will also need to select one SEG / task for the purpose of your research (e.g., boat operators, beach cleanup). The dataset is very large and you want to keep your research focused to a manageable level. It would be acceptable to select a few of the SEGs for comparison. For example, you could compare the boat operator’s exposure to that of the beach cleanup crew. You can find the data on the OSHA website at the following address: http://www.osha.gov/oilspills/index_sampling.html

You will find that the AIHA spreadsheet does not allow you to enter a “non-detect” value of zero (0). There are various substitution techniques for estimating distribution parameters from datasets containing censored data: each censored datum is replaced with the (1) LOD, (2) half of the LOD, (3) or LOD divided by the square root of 2. Simple substitution (just using the actual LOD) works well when the percentage of LOD values is small. See Unit VIII Study Guide for more information.

An example report is provided to give you an idea of how to properly develop a comprehensive written report. Your report does not have to follow this exactly; it is provided as an example only. However, your report should address all 7 items listed above for full credit.

Click here to access the sample report.
APA Guidelines

CSU requires that students use the APA style for papers and projects. Therefore, the APA rules for formatting, quoting, paraphrasing, citing, and listing of sources are to be followed. A document titled “APA Guidelines Summary” is available for you to download from the APA Guide Link, found in the Learning Resources area of the myCSU Student Portal. It may also be accessed from the Student Resources link on the Course Menu. This document provides links to several internet sites that provide comprehensive information on APA formatting, including examples and sample papers.

CSU Grading Rubric for Papers/Projects

The course papers will be graded based on the CSU Grading Rubric for all types of papers, unless otherwise specified within assignment instructions. In addition, all papers will be submitted for electronic evaluation to rule out plagiarism. Course projects will contain project specific grading criteria defined in the project directions. To view the rubric, click the Academic Policies link on the Course Menu, or access it through the CSU Grading Rubric link found in the Learning Resources area of the myCSU Student Portal.

Communication Forums

These are non-graded discussion forums that allow you to communicate with your professor and other students. Participation in these discussion forums is encouraged, but not required. You can access these forums with the buttons in the Course Menu. Instructions for subscribing/unsubscribing to these forums are provided below.

Click here for instructions on how to subscribe/unsubscribe and post to the Communication Forums.

Ask the Professor

This communication forum provides you with an opportunity to ask your professor general or course content questions. Questions may focus on Blackboard locations of online course components, textbook or course content elaboration, additional guidance on assessment requirements, or general advice from other students.

Questions that are specific in nature, such as inquiries regarding assessment/assignment grades or personal accommodation requests, are NOT to be posted on this forum. If you have questions, comments, or concerns of a non-public nature, please feel free to email your professor. Responses to your post will be addressed or emailed by the professor within 48 hours.

Before posting, please ensure that you have read all relevant course documentation, including the syllabus, assessment/assignment instructions, faculty feedback, and other important information.

Student Break Room

This communication forum allows for casual conversation with your classmates. Communication on this forum should always maintain a standard of appropriateness and respect for your fellow classmates. This forum should NOT be used to share assessment answers.

Grading

<table>
<thead>
<tr>
<th>Component</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>Discussion Boards (8 @ 2%)</td>
<td>16%</td>
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<tr>
<td>Unit Assessments (6 @ 8%)</td>
<td>48%</td>
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<tr>
<td>PowerPoint Presentation</td>
<td>10%</td>
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<tr>
<td>Article Critique</td>
<td>10%</td>
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<tr>
<td>Research Paper</td>
<td>16%</td>
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<td><strong>Total</strong></td>
<td><strong>100%</strong></td>
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Course Schedule/Checklist (PLEASE PRINT)

The following pages contain a printable Course Schedule to assist you through this course. By following this schedule, you will be assured that you will complete the course within the time allotted.
By following this schedule, you will be assured that you will complete the course within the time allotted. Please keep this schedule for reference as you progress through your course.

<table>
<thead>
<tr>
<th>Unit I</th>
<th>Introduction to Industrial Hygiene</th>
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<tbody>
<tr>
<td><strong>Review:</strong></td>
<td>□ Unit Study Guide</td>
</tr>
</tbody>
</table>
| **Read:**               | □ Chapter 1: Overview of Industrial Hygiene  
                          | □ Additional Required Reading: See Study Guide  
                          | □ Supplemental Reading: See Study Guide      |
| **Discuss:**            | □ Discussion Board Response: Submit your response to the Discussion Board question by Saturday, Midnight (Central Time) |
| **Submit:**             | □ Assessment by Tuesday, Midnight (Central Time)  
                          | □ PowerPoint Presentation by Tuesday, Midnight (Central Time) |

| Notes/Goals:            |                                      |

<table>
<thead>
<tr>
<th>Unit II</th>
<th>Impact of Regulations on Occupational Health</th>
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<tbody>
<tr>
<td><strong>Review:</strong></td>
<td>□ Unit Study Guide</td>
</tr>
</tbody>
</table>
| **Read:**               | □ Chapter 30: Government Regulations  
                          | □ Chapter 31: International Developments in Occupational Safety and Health  
                          | □ Supplemental Reading: See Study Guide       |
| **Discuss:**            | □ Discussion Board Response: Submit your response to the Discussion Board question by Saturday, Midnight (Central Time)  
                          | □ Discussion Board Comment: Comment on another student’s Discussion Board response by Tuesday, Midnight (Central Time) |
| **Submit:**             | □ Assessment by Tuesday, Midnight (Central Time) |

| Notes/Goals:            |                                      |

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<thead>
<tr>
<th>Unit III</th>
<th>Industrial Toxicology</th>
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<tbody>
<tr>
<td><strong>Review:</strong></td>
<td>□ Unit Study Guide</td>
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</table>
| **Read:**               | □ Chapter 6: Industrial Toxicology  
                          | □ Supplemental Reading: See Study Guide |
| **Discuss:**            | □ Discussion Board Response: Submit your response to the Discussion Board question by Saturday, Midnight (Central Time)  
                          | □ Discussion Board Comment: Comment on another student’s Discussion Board response by Tuesday, Midnight (Central Time) |
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<p>| Notes/Goals:            |                                      |</p>
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<tr>
<th>Unit IV</th>
<th>Recognition of Hazards (Part 1: Chemical Agents)</th>
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<tbody>
<tr>
<td>Review:</td>
<td>☐ Unit Study Guide</td>
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<tr>
<td>Read:</td>
<td>☐ Chapter 7: Gases, Vapors, and Solvents</td>
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<td>☐ Chapter 8: Particulate Matter</td>
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<tr>
<th>Unit V</th>
<th>Recognition of Hazards (Part 2: Physical Agents)</th>
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<tbody>
<tr>
<td>Review:</td>
<td>☐ Unit Study Guide</td>
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<tr>
<td>Read:</td>
<td>☐ Chapter 9: Industrial Noise</td>
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<td>☐ Chapter 10: Ionizing Radiation</td>
</tr>
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<td>☐ Chapter 12: Thermal Stress</td>
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<td>☐ Supplemental Reading: See Study Guide</td>
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<table>
<thead>
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<th>Unit VI</th>
<th>Evaluation of Hazards</th>
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<tbody>
<tr>
<td>Review:</td>
<td>☐ Unit Study Guide</td>
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<tr>
<td>Read:</td>
<td>☐ Chapter 15: Evaluation</td>
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<td>☐ Chapter 16: Air Sampling</td>
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<td></td>
<td>☐ Chapter 17: Direct-Reading Instruments for Gases, Vapors, and Particulates</td>
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</table>

Notes/Goals:
# Unit VII: Control of Hazards

**Review:**
- [ ] Unit Study Guide

**Read:**
- [ ] Chapter 18: Methods of Control
- [ ] Chapter 19: Local Exhaust Ventilation
- [ ] Chapter 20: Dilution Ventilation of Industrial Workplaces
- [ ] Chapter 22: Respiratory Protection
- [ ] Chapter 23: Personal Protective Equipment

**Discuss:**
- [ ] Discussion Board Response: Submit your response to the Discussion Board question by Saturday, Midnight (Central Time)
- [ ] Discussion Board Comment: Comment on another student’s Discussion Board response by Tuesday, Midnight (Central Time)

**Submit:**
- [ ] Assessment by Tuesday, Midnight (Central Time)

**Notes/Goals:**

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# Unit VIII: Recordkeeping & Reporting

**Review:**
- [ ] Unit Study Guide

**Read:**
- [ ] Chapter 29: The Industrial Hygiene Program
- [ ] Appendix D: Review of Mathematics

**Discuss:**
- [ ] Discussion Board Response: Submit your response to the Discussion Board question by Saturday, Midnight (Central Time)
- [ ] Discussion Board Comment: Comment on another student’s Discussion Board response by Tuesday, Midnight (Central Time)

**Submit:**
- [ ] Research Paper by Tuesday, Midnight (Central Time)

**Notes/Goals:**